

## *Autumn Term - Menu 2 (Office Cycle 3)*

**School Meals for Week Beginning: 12<sup>th</sup> Sep, 3<sup>rd</sup>, 31<sup>st</sup> Oct, 21<sup>st</sup> Nov, 12<sup>th</sup> Dec 2022**

Monday		Tuesday	Wednesday	Thursday	Friday
<b>Meat Option</b>	Beef Burger or Crispy Chicken Burger in a bun	Tomato & Garlic or Pesto Pasta	Roast Gammon	Beef Meatballs	Fish Finger Sea Dog
<b>Veg Option</b>	Bean Burger in a bun	Tomato & Garlic or Pesto Pasta	Roasted Quorn Fillet	Vegan Meatballs	Vegetable & Cheese Bakes
<b>Sides</b>	Green Beans Crispy Potato Cubes Salad Bar	Garlic Bread Salad Bar	New Potatoes Cauliflower & Broccoli Cheese Bake Salad Bar	Rice Carrots & Peas Salad Bar	Chips Baked Beans Bread & Butter
<b>Dessert</b>	Date Flap Jacks Fresh Fruit	Yoghurt Fresh Fruit	Healthy Fruit Platter	Butterscotch Angel Delight Fresh Fruit	Peach & Raspberry Traybake Fresh Fruit
<b>Jacket Potatoes &amp; Baguettes</b>	Jacket/Baguette with cheese, baked beans, ham or tuna mayo	Jacket/Baguette with cheese, baked beans, ham or tuna mayo	Jacket/Baguette with cheese, baked beans, ham or tuna mayo	Jacket/Baguette with cheese, baked beans, ham or tuna mayo	Jacket/Baguette with cheese, baked beans, ham or tuna mayo
<p><b>ALL OF OUR MEAT, FRUIT AND VEGETABLES ARE FRESH AND LOCALLY SOURCED</b></p> <p>Either Juice, Fresh Milk or Drinking Water will be available each day</p>					