

Autumn Term - Menu 3 (Office Cycle 1)

School Meals for Week Beginning: 19th Sep, 10th Oct, 7th, 28th Nov, 19th Dec 2022

Monday		Tuesday	Wednesday	Thursday	Friday
Meat Option	Homemade Giant Sausage Roll	Roasted Vegetable & Garlic Pasta Bake	Roast Chicken & Sage and Onion Stuffing	BBQ Beef Enchiladas	Harry Ramsden Fish in Batter
Veg Option	Cheese & Onion Roll	Roasted Vegetable & Garlic Pasta Bake	Roast Garlic & Herb Quorn Fillet	Vegan BBQ Mince Enchiladas	Veggie Burger
Sides	Potato Croquettes Peas & Sweetcorn Salad Bar	Herby Bread Salad Bar	Roast Potatoes Cauliflower & Broccoli Gravy Salad Bar	Wholegrain Rice Green Beans Salad Bar	Chips Baked Beans Bread & Butter
Dessert	Plain or Sultana Scone with Jam Fresh Fruit	Yoghurt Fresh Fruit	Healthy Fruit Platter	Traffic Light Jellies Fresh Fruit	Lemon Drizzle Cake Fresh Fruit
Jacket Potatoes & Baguettes	Jacket/Baguette with cheese, baked beans, ham or tuna mayo	Jacket/Baguette with cheese, baked beans, ham or tuna mayo	Jacket/Baguette with cheese, baked beans, ham or tuna mayo	Jacket/Baguette with cheese, baked beans, ham or tuna mayo	Jacket/Baguette with cheese, baked beans, ham or tuna mayo

ALL OF OUR MEAT, FRUIT AND VEGETABLES ARE FRESH AND LOCALLY SOURCED

Either Juice, Fresh Milk or Drinking Water will be available each day